

OCTOBER | 2021

DMC/COVENANT HOT LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>27 Chicken Patty Rice Pilaf Broccoli/Dip Brownie</p>	<p>28 Mexican Lasagna Corn Breadsticks Peaches</p>	<p>29 Sloppy Joe Fries Fresh Veggies Jell-O</p>	<p>30 Shrimp Poppers Baked Potato Applesauce Rice Krispy Square</p>	<p>1 Hot Ham & Cheese Chips Carrot/Dip Pineapple</p>
<p>4 Nachos Meat/Cheese Lettuce/Tomatoes Applesauce Sherbet</p>	<p>5 Chicken Tenders Mashed Potatoes Gravy Broccoli Pears</p>	<p>6 Hotdogs Mac – N- Cheese Green Beans Orange Wedges</p>	<p>7 Spaghetti/Meat Sauce California Bend Breadsticks Cookie</p>	<p>8 NO SCHOOL</p>
<p>11 Teriyaki Chicken Rice Peas Peaches</p>	<p>12 Ravioli Carrots Garlic Bread Cookie</p>	<p>13 Chicken & Noodle Soup Or Potato Soup Cheese Stick Crackers Cucumbers Grapes</p>	<p>14 Pizza Chips Broccoli/Dip Oreo Dessert</p>	<p>15 Hamburgers Fries Baked Beans Yogurt</p>
<p>18 Salisbury Steak Mashed Potatoes Corn Applesauce</p>	<p>19 Mini Corn Dogs Mac N Cheese Carrots/Dip Pudding</p>	<p>20 Chicken Nuggets Tater Tots Green Beans Rice Krispy Square</p>	<p>21 NO SCHOOL</p>	<p>22 NO SCHOOL</p>
<p>25 Swedish Meatballs Rice Pilaf Peas Ice Cream</p>	<p>26 Tacos Meat/Cheese Lettuce/Tomato Spanish Rice Churros</p>	<p>27 Chicken & Noodles Mashed Potatoes Glazed Carrots Cookie</p>	<p>28 Chili or Cream of Broccoli Soup Cheese Stick Crackers Applesauce</p>	<p>29 Shrimp Poppers Tater Tots Fresh Veggies Mandarin Oranges</p>

News

EVERYDAY
CHOICES

COTTAGE CHEESE

LETTUCE SALAD

FRESH VEGGIES

PEANUT BUTTER &
JELLY

BREAD