



JANUARY | 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 NO SCHOOL	4 NO SCHOOL	5 Chicken Alfredo Peas Fruit Cookie	6 Hot Ham & Cheese Sandwich Popcorn Grapes	7 Shrimp Poppers Chips Jell-O Cake
10 BBQ Pork Fries Baked Beans Apple Crisp	11 Tacos Meat/Cheese Lettuce/Tomato Applesauce Cookie	12 Chicken Noodles Mashed Potatoes Glazed Carrots Peaches	13 Hamburgers Corn Chips Carrots/Dip Bananas	14 Pizza Cucumbers/Dip Pretzels Pineapple
17 Lasagna Broccoli Garlic Bread Oranges	18 Chicken Nuggets Scalloped Potatoes Green Beans Chocolate Cake	19 Hotdogs Mac N Cheese Carrots/Dip Sliced Apples	20 Swedish Meatballs Rice Glazed Carrots Cookie	21 Chicken Patties Fries Cucumber/Dip Peaches
24 Cooks Choice	25 Chicken & Rice Casserole Peas Cake Cookies	26 Subs Chips Carrots/Dip Pears	27 Nachos Meat/Cheese Lettuce/Tomato Peach Crisp	28 Sloppy Joes Fries Broccoli/Dip Mixed Fruit
31 Hamburgers Fries Carrots/Dip Mandarin Oranges	1 Chicken Noodle or Potato Soup Cheese Sticks Crackers Applesauce/Cookie	2 Mostaccioli Green Beans Breadstick Oreo Dessert	3 Corn Dogs Baked Beans Chips Peaches	4 Pizza Popcorn Carrots/Dip Ice Cream

Everyday Choices

Cottage Cheese

Lettuce Salad

Fresh Veggies

Peanut Butter & Jelly

Bread